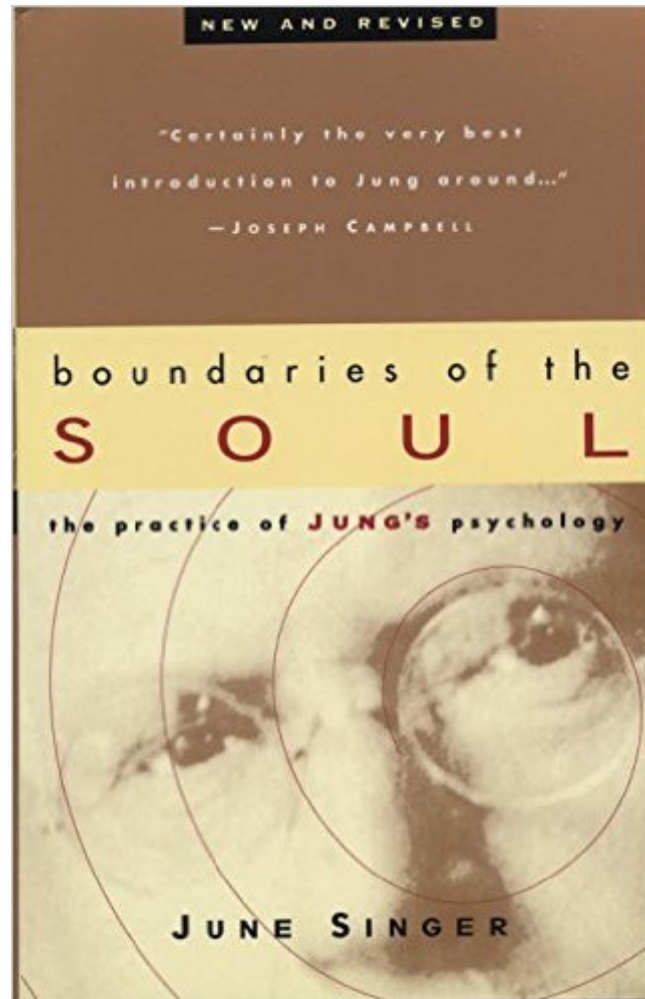


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Boundaries Of The Soul: The Practice Of Jung's Psychology



Synopsis

After thirteen printings and with nearly 100,000 copies in print since its publication twenty years ago, *Boundaries Of The Soul* has become recognized as THE classic introduction to Jung and the practice of Jung's psychology. The book has been described as "the clearest and most coherent exposition of Jung's total thought," by Robertson Davies, and Alan Watts has called Dr. Singer "one of the great masters of the art." Now, in a completely revised edition of *Boundaries Of The Soul*, Dr. Singer incorporates the latest developments in Jungian psychology over the last two decades, particularly in the areas of masculine/feminine relationships, the use of psychotherapeutic drugs, and the evolution of Jung's concept and personality types and its application both clinically and in the world of business and industry. In addition, the case histories, so central to understanding many of Jung's concepts, have been re-examined and revised where necessary to correspond to the spirit of today's world. The updated edition of *Boundaries Of The Soul* should reaffirm the book's long-standing reputation as the best introduction to Jung's thought available.

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Customer Reviews

I have to write a review, since there seem to be a lot of negative comments on this board about this book, which I find misleading. Jung is not easy. If some readers think that Singer is unfocused and unscientific, I'd suggest their going to the source. Jung's writings meander like the subconscious streams he plummets into. His thinking is generally inter-relational and holistic, not as mechanistic and oversimplistic as Freud's theories tend to be. Jung wasn't happy with merely restoring a patient's ego to the status-quo; he wanted to know and understand the

whole-shebang. He had an inkling that there was more to reality than rational systems could explain, and spent his life exploring this realization. Basically, Freud was a depth psychologist using a mechanistic model, where humans are seen as separate units being driven by internal "engines", whereas Jung's model is closer to a quantum theory of the subconscious mind, with humans, indeed all reality, connected by a field on the deep level that is incompatible with "ego" functioning. All things, he seems to say, affect all other things, just as a lot of quantum mechanical experiments illustrate about the physical world. He called this "inter-relatedness" the collective unconscious for lack of a better term, I suppose. Both views, by the way, are essential; simply two sides of the same coin. Freud developed a more practical, easier to use system, but Jung is the superior theorist. I think Singer not only does an admirable job explaining Jung. Though it takes some work to read, I really like the way she illustrates examples with stories from her practice. She organizes and humanizes the often incomprehensible theories of Jung with real-world examples.

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